

VEDIC TEMPLE ST. LOUIS JULY 4TH PROGRAM

FRIDAY JULY 4th, 5th and 6th
3PM TO 5PM

FREE MEDITATION CLASSES NITHYA DHYAN

This amazing workshop will introduce the essence of the inner sciences and the fundamentals of our body-mind system. The meditation technique Life Bliss Meditation, cognized by Enlightened Master and Modern Mystic Paramahansa Nithyananda, helps us understand our body-mind mechanics, and go within to experience and realize our true nature - Eternal Bliss.

Everyone is welcome

Saturday July 5th -10:00 am to 1:30pm - GROUP CHANTING OF SRI VISHNU SAHARARANAMAM : 11 TIMES

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